

## REGIONAL MANAGEMENT GROUP MEETING

**Date:** April 26, 2013

**Time:** 9:00 a.m.

**Attendees:** Tom Geib, Jim Newton, Kathy Drumright, Mark Diorio, Joe Wilson, George Braunstein, Cindy Kemp, Mike Gilmore, Cindy Koshatka, Lyanne Trumbull, Tom Young, Candace Butler.

**Guests:** Tony Griffin, Dave Mangano, Margaret Graham, Donna McHugh, Judith Korf, Shawn Buckner.

**Absent:**

**Recorder:** Julie Parkhurst

Call to Order: T. Geib called the meeting to order at 9:00 a.m.

Announcements: NVTC Parents, Tony Griffin and other attendees were welcomed and introduced to the group.

Notes: Notes from March 29, 2013 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (March 29, 2013), Regional Utilization Management Report, FY13 HPR II Regional Funds Budget Status, LIPOS Budget Projections, CARE Updates, START Updates, Child Crisis Proposal, Housing Trust Fund memo, Systems of Care Grant, RCSC Conference Form, GWU Nursing Agreement, SAARA Program Outcomes, Crisis Stabilization Funding Requests, FY13 Regional Funds – FFC-CSB, Recovery Funds for Arlington Peer-Run Center, WSH 10 Design Features.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	FOLLOW-UP DATE
Capstone	T. Griffin is teaching the Capstone program at GMU which is part of the MPA program and has no set syllabus. Students break into groups to research 3-4 projects, and DOJ/ID issues may be relevant projects for our region. At the end of the semester, the groups will present the projects and provide recommendations. The semester starts 5/15/13; class is held once/week for 5 hours.	Give overview at first class Identify 6-7 issues Consider relevant books/articles	2-3 EDs All	5/15/13 ASAP
ID Planning	<b>ID Update</b> <ul style="list-style-type: none"> <li>• Successful NVTC discharges are taking place.</li> <li>• DBHDS has received no information regarding vendors who may need an expedited license.</li> <li>• DBHDS has met with vendors who may be interested in opening homes. Region 2 has been targeted as needing more homes. Scioto has purchased a few homes in Northern Virginia that they will rent to providers.</li> <li>• A pilot is taking place for children's START in regions that already</li> </ul>	Explore whether our regional	K. Drumright	ASAP

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ID Planning (cont.)	<p>have children's crisis funding.</p> <ul style="list-style-type: none"> <li>Regarding enhancements to case management, K. Drumright visited 21 of the 40 CSBs to discuss challenges and what CSBs have done to answer to demands for enhanced case management. Some clients wish to remain in 5 bed group homes; if they are stable, are quarterly visits needed? A checklist and timeline are needed for enhanced visits. Level of care is moving towards ICF. Caseloads need to be no more than 20-30. DBHDS is getting good information from all regions and will consolidate.</li> </ul> <p><b><u>IDD Housing Report</u></b></p> <ul style="list-style-type: none"> <li>A regional report is needed regarding bed tracking to say what beds are currently available, will be available, etc.</li> </ul> <p><b><u>NVTC Update</u></b></p> <ul style="list-style-type: none"> <li>Census is 139. More discharges will take place in May.</li> <li>The major barrier is availability of providers. Some will start group homes if they know they have residents who are ready to move together as a group.</li> </ul> <p><b><u>START Update</u></b></p> <ul style="list-style-type: none"> <li>The outpatient clinic is continuing with Dr. Sherer but under Easter Seals contract.</li> <li>START has had 70 referrals. A handout was distributed to the group.</li> <li>Issues with response times for crises are being worked on. START is not receiving many referrals for emergency respite or evaluation.</li> </ul>	<p>child crisis proposal can include additional START funding to serve ID youth.</p>		
		ID Directors will develop format and procedure	M. Graham	ASAP
		Explore who has a license application pending in HPRII	K. Drumright	ASAP
		Reach out to ES for referrals and monitor. Attend ES meetings quarterly.	START	
New Business	<p><b><u>Regional Negotiations of MCOs:</u></b></p> <ul style="list-style-type: none"> <li>MCOs are calling all CSBs.</li> <li>Letters of intent are being signed but detailed contracts are not being entertained at this time.</li> </ul> <p><b><u>VACSB Budget Work Plan:</u></b></p> <ul style="list-style-type: none"> <li>Ensure that regional priorities are on the table as well as local issues for budget. Identify problems and solutions along with associated costs in hopes of receiving some funding.</li> <li>Logisticare issues will be discussed. Consumers are unhappy, have complaints and are also sending letters. Karen Kinsey was suggested as a person to call.</li> </ul> <p><b><u>DBHDS EBL Report:</u></b></p> <ul style="list-style-type: none"> <li>J. Pezzoli is requesting comments regarding the <i>Analysis of Barriers to discharge from State Hospitals and Potential Solutions</i> report dated April 15, 2013, by the beginning of May.</li> </ul>	<p>Send out FY13 priorities to RMG</p> <p>Forward minutes regarding transport issues to G. Braunstein when available.</p> <p>Send to C. Koshatka to share at VACSB.</p>	<p>C. Koshatka</p> <p>K. Drumright</p> <p>CSBs</p>	<p>ASAP</p> <p>Before 4/30/13</p>

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Updates	<p><b>Child Crisis Proposal:</b> Arlington CSB will send final to DBHDS.</p> <p><b>Wounded Warrior:</b> No update.</p> <p><b>SAARA:</b> Outcomes were discussed. Program started in April 2012. 225 persons seen per month exceeds their target of 150. Measures were developed by SAMHSA and will be attached to the outcomes. Program is not center-based but meets with people where they are. DBHDS has not funded peer-run programs for 5 years.</p> <p><b>Housing Trust Fund/RDAP:</b> Applications are due 5/15/13 for housing trust fund loans. Vendors have been sent information regarding DBHDS interest in providing RDAP funds for vendors who are awarded these loans. There is concern that a house may be obtained but the RDAP funding won't be available.</p> <p><b>SOC Grant:</b> A handout outlining a grant writers proposal was distributed to the group; associated cost is \$8,725. Loudoun's consultants may be available so the costs could be reduced.</p> <p><b>Aftercare Managers' Updates:</b></p> <ul style="list-style-type: none"> <li>Sequestration is affecting housing vouchers so some planned discharges have been cancelled</li> <li>4 TCEs at NVMHI this fiscal year</li> <li>FY14 RDAP is currently running a deficit of \$54k, \$4k over allowable amount.</li> </ul> <p><b>GWU BSN Students:</b> A handout was distributed to the group. PW CSB is not currently able to participate in a regional program due to liabilities. Arrangements will be made with individual CSBs.</p> <p><b>RCSC Conference:</b> A handout was distributed to the group.</p>	<p>FY15 funding request will be proposed at later date. Consider for VACSB budget regional priority. Apply for what is needed</p> <p>Discuss further.</p> <p>RMG approves the additional \$4k deficit. Direct GWU contact to C. Kemp, J. Wilson, L. Meacham. M. Gilmore will attend.</p>	<p>C. Kemp</p> <p>NVRPO</p> <p>C. Koshatka J. Wilson</p> <p>C. Koshatka</p>	<p>By 5/1/13</p> <p>5/24/13</p> <p>5/30/13</p>
	<p><b>Budget</b></p> <p><b>Overview:</b></p> <ul style="list-style-type: none"> <li>LIPOS currently has a \$117,125 deficit.</li> <li>\$28k remains in the deaf services fund.</li> </ul> <p><b>Youth LIPOS:</b> Youth LIPOS money has been spent and an additional \$100k is being requested.</p> <p><b>Recovery Funds:</b> Arlington, Fairfax and Prince William will request funding in May.</p> <p><b>Crisis Funds:</b> \$98,083 was approved for Access, \$5,913 was approved for Brandon House, \$60,901 was approved for CARE, \$500K was approved for Woodburn Place, \$100,000 was approved for child crisis project CSU bed days.</p>	<p>Pursue PHP for youth. Request invoices from CSBs.</p> <p>Request approved.</p> <p>House/Renovations will be discussed in May.</p>	<p>C. Koshatka T. Young</p> <p>RMG</p> <p>RMG</p>	

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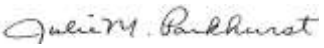
TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	FOLLOW -UP DATE
<b>UM Report</b>	<p><b>LIPOS:</b> 39 admissions in 3/13; average per month for FY12 was 41; average per month for FY13 is 47. Average LOS = 5.4 days; FY12 was 5.4 days. Most admissions went to Mt. Vernon Hospital. 12 PHP admissions YTD. 28 consumers stayed longer than 12 days. 14 Youth LIPOS admissions YTD.</p> <p><b>NVMHI/WSH:</b> 56 admissions in 3/13. 23% TDOs YTD; 23% TDOs in FY12. 23% were insured for 3/13; 22% for FY12. 30 day re-admission rate = 2%. 96% occupancy in 3/13. 20 people on the EBL. 5 ID admissions for 3/13. 20% had a SA diagnosis. WSH had 27 admissions; current census of 37. 121 LDAP/RDAP plans for \$4,720,761.</p> <p><b>Forensics:</b> 152 admissions YTD; 180 in FY12.</p> <p><b>NVTC/START:</b> 142 residents remain at NVTC; 5 discharges have taken place YTD. 43 special hospitalizations or 214 days YTD; 70 referrals to START (51 completed intakes, 55 referrals from CSBs).</p> <p><b>TDOs:</b> 174 commitment hearings were held in 3/13; FY13 monthly average = 200. FY12 monthly average = 192. 22 clients went out of region in 3/13. There were 7 unexecuted TDOs YTD.</p> <p><b>Crisis Care:</b> 52 admissions in 3/13; 74% diversion, 24% step-down, 2% NGRI/TDO/CMA YTD. 79% occupancy YTD. 43% had a SA diagnosis; 4 admissions had an ID diagnosis in 3/13.</p> <p><b>Older Adults/Minors:</b> 4 consumers at ESH (2 RFD); 23 at PGH (2 RFD); PGH had 5 admissions and 3 discharges YTD; 8 admissions and 6 discharges for FY12; 99 admissions and 99 discharges YTD at CCCA. 163 admissions to CCCA in FY12.</p>	Determine reporting requirements to DBHDS regarding unexecuted TDOs	K. Drumright	
<b>Round Robin</b>	<p><b>J. Wilson:</b> Budget meeting was uneventful. Loudoun is looking to hire a child/adolescent psychiatrist.</p> <p><b>L. Trumbull:</b> CARE opened and is full. Their stats will be in the next report.</p> <p><b>G. Braunstein:</b> Fairfax will have a deduction of approximately \$1M. Money was obtained for ID and infant populations. Money is needed to fund positions. Service Source will not discharge clients if Fairfax can't absorb support costs. A discussion is needed with DMAS. Consultant report on Day/Employment will be submitted to BOS.</p> <p><b>M. Gilmore:</b> MH Forum for youth will be held 5/18/13 with legislators. A flyer will be sent out. Alexandria is losing \$2.3 million this year. \$8 million has been lost over the last 5 years.</p> <p><b>NVTC:</b> People in Building 5 have moved to Building 1, and 5 has been shut down. Building 8 is closing and target date is 7/1/13. A formal dance will be held at NVTC tonight. The Community Integration team</p>	Send report to RMG	G. Braunstein	ASAP

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Round Robin (cont.)	<p>is going to double its staff. Positions include post-move monitoring, training coordinators and vocational day placement coordinators.</p> <p><b>T. Geib:</b> Jail SA program may be abolished on 5/21/13. 11 positions are at stake.</p> <p><b>K. Drumright:</b> The data dashboard is getting frequency of CM visits from CCS. Data analyst position has been filled. QI specialist positions will look at trends, improvement, etc. This position has not yet been filled.</p> <p><b>C. Kemp:</b> All deductions were restored and some positions were obtained.</p> <p><b>C. Koshatka:</b> May RMG meeting will be held at WSH. Please confirm attendance in order to order lunch.</p>			5/24/13

**Adjournment:** The meeting was adjourned at 11:45 a.m. The next meeting will be on May 24, 2013, at 10:30 a.m. at Western State Hospital.

**Items for next meeting:** Recovery funding

  
 Recorder

5/24/13  
 Date

  
 Chair

5/24/13  
 Date